



My day





Date: _____

Notes from the parents:

Time child woke up: _____ How did the child sleep last night? _____

Comments: _____

I was...

-  Happy
-  Sad
-  Quiet/ Sleepy
-  Grumpy

I had fun at...

- Arts & Crafts
- Dancing/Singing
- Playing in the park
- Other: _____



I ate...

- All
- Some
- None



I slept...

From: _____

To: _____



I took...

- _____
- _____



I did...

- Poo: ___ times



Notes from Nanny to the Parents:

